

Name: Mark Ambrose

Title:

Organization or Agency:

Topic: Meeting Date Not Listed

NA

Testimony:

Mark Ambrose

#149427

MacDougall C.I.

Dear Correction Advisory Committee Members,

Conditions of Confinement over the course of years and decades has a psychological effect on the individual incarcerated. I see on a daily basis the causes and effects of it. One of the biggest problems within the CT DOC is there is no incentive for prisoners whom are serving lengthy sentences which leads to despair and no hope. With this comes problems for prisoners who don't care and staff ill equipped and understaffed to handle the Mental Health challenges of prisoners suffering from mental illness. Some things that could help is the legislature giving individuals hope with incentive to earn time off their sentence with good behavior, school and working which would help the DOC to get individuals to behave.

The health issues prisoners endure a lot of it is due to poor medical care no physicals, poor diet of processed foods being served is costing prisoners high blood pressure, high cholesterol, diabetes etc.

The facility has a lot of lock downs, no outdoor recreation which is causing mental health issues crisis to not be able to go outside and get fresh air which is cruel and unusual punishment.

In closing my experience with Ombudsman Devaughn Ward I have had the opportunity to meet him and talk with him and he has tried to address the issue that I brought to him.

Sincerely,

Mark Ambrose